

# 5<sup>th</sup>-8<sup>th</sup> Grade Physical Education

## Class Syllabus

### Mr. Wolfe

**Course Description:** 5<sup>th</sup>-8<sup>th</sup> grade. We will focus on both individual and team activities along with physical fitness, aerobic, and anaerobic exercises. The student will learn skills and rules that they can develop and use for lifelong healthy living.

#### Class Expectations:

1. All students will participate in class.
2. Students may choose to dress out for PE, but it will not be required. If a student does not participate in an activity they will be assigned to walking or exercise activities to do while the rest of the class participates in the day's activity. Students will receive 10 points daily for participation, attitude, behavior, and sportsmanship.
3. The only acceptable excuse for non-participation is a medical one. (Doctors, nurses, or parents note will be required)
4. When the teacher is talking the student is listening and paying attention.
5. No gum will be allowed in the gym during class.
6. The student will respect school property, teacher property, and other students' property.
7. When a student is absent they will be able to make up their daily participation grade.
8. All students are expected to abide by the dress code in PE classes. Boys will be required to wear a shirt.
9. If a student decides to dress out they will have 5 minutes after the tardy bell rings to get dressed and be ready to start class.

#### Class Supplies:

1. Tennis shoes
2. T-shirt
3. Gym shorts

#### Grading Policy:

1. Daily participation 10 pts.
2. Sport and Activity Quizzes/Tests 20 pts.

#### Class Outline

- flag football
- volleyball
- soccer
- dodge ball
- bowling
- physical fitness testing

- pickle ball
  - kickball
  - ultimate frisbee
  - basketball
  - floor hockey
  - whiffleball
  - tug-o-war
- scooters
  - badminton
  - ping pong
  - Frisbee golf

I look forward to a successful year.

**Mr. Wolfe** ([cwolfe@avillapanthers.org](mailto:cwolfe@avillapanthers.org))

My child and I have read and understand the Physical Education syllabus.

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Student Signature

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Parent Signature